

RGC TEAM LEVEL EVALUATION INFORMATION

During the evaluation period, it is extremely important that your gymnast is at the gym on each of her scheduled evaluation practice days. There are no additional evaluation days so please follow your level schedule.

Each gymnast will be evaluated on all **new** next level skills.

New meaning if they also had the skill at the current level, they will not be tested on that skill for the next level.

Each practice will test **ALL** skills.

Coaches will be counting their best score on 4 of the 6 test days.

In order to consider a skill “passed,” it will need to pass on 4 occasions.

This allows the gymnast to show they are consistently making that skill. Doing the skill correctly and with good form is part of the evaluation.

Ultimately it is the coach’s discretion whether they “pass” a skill.

The gymnast needs to have 75% of the next level skills passed to be able to move into the tryout team in March.

Evaluation and level placement letters will be handed out on Thursday, February 23 to parents and gymnasts.

If you have any questions about the evaluation process, please talk with your gymnast’s coach.

Thank you for your support during this time!

RGC Team Level Coaches

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Club Director: Sara Gumke – sara.gumke@hotmail.com